



JFS Presents...

Family Life Enrichment

Fall 2019

Jewish Family Service
of Greater New Haven
(203) 389-5599 | www.jfsnh.org

These groups are led by licensed social workers and will focus on improving family life. Topics will include:

- How to Comfort your Child in Today's Unnerving World
- Adoption Related Themes
- Bereavement Support
- Divorce Support
- Mindfulness
- Parents of Teens
- Support for Family Caregivers
- Teen Empowerment

Beginning Fall of 2019

Dates and times to be determined.

To register or hear more information about our groups, please contact Margaliet Ligtenstein, LCSW, at (203) 389-5599 ext. 105 or ml@jfsnh.org